

# DONA Doula Training ♦ Breastfeeding Course

## Gainesville, FL

### July 16-18, 2010

#### Course Schedules and Location

##### Breastfeeding Course

Friday, July 16

9:00 am to 1:00 pm

##### Birth Doula Workshop

Friday, July 16

2:00 pm to 9:00 pm

Saturday, July 17

9:00 am– 6:00 pm

Sunday, July 18

9:00 am - 4:00 pm

**What to Bring:** Bring pen, water, and snacks/lunch/dinner or plan to eat out—this college town is full of good restaurants.

##### **Location:**

The Florida School of  
Traditional Midwifery  
810 East University Avenue  
352-372-4784  
www.midwiferyschool.org  
Rae's cell 904-813-5822

##### **Birth Doula Training (\$275)**

This comprehensive 3-day course is for anyone interested in assisting women and families in having a satisfying birth experience. It is designed to guide participants in becoming expert labor support providers as doulas who provide continuous physical, emotional and informational support during and just after birth. Texts, supplementary literature, videos, and role-play will be used to build theoretical knowledge and practical skills. Attendance constitutes one step in the process to become a DONA International Certified Doula CD(DONA). Requirement information is available at [www.dona.org](http://www.dona.org).

##### **Breastfeeding**

##### **Requirement (\$45)**

This basic 4 hour course is required for birth doula certification. It will prepare doulas for providing information on breastfeeding and supporting the mother immediately after birth, and for the first few weeks postpartum.

##### **Recommended Reading**

These are a few of the books required for certification from the DONA reading list:

- *The Birth Partner* by Simkin
- *The Doula Book* by Klaus & Kennell
- *The Breastfeeding Answer Book*, LaLeche League Intl

Texts can be purchased on-line from DONA at [www.dona.org](http://www.dona.org) or call 888-788-DONA.



Rae is the doula providing support.

##### ***About the trainer:***

**Rae Davies** has been a childbirth educator for over thirty years and a DONA Doula Trainer since 1996. She is an IBCLC and is the Health Care Practices Task Force Co-coordinator for the World Alliance of Breastfeeding Action (WABA). Rae is currently the Administrative Director of International MotherBaby Childbirth Organization ([www.imbci.org](http://www.imbci.org)), and serves on the board of directors for the Florida School of Traditional Midwifery.

**Send Registration to:**  
The Birth Company  
P.O. Box 2346  
Ponte Vedra Bch, FL 32004

**For more information:**  
904-285-0028  
[www.thebirthcompany.com](http://www.thebirthcompany.com)  
[rae@thebirthcompany.com](mailto:rae@thebirthcompany.com)

**Registration Due:**  
**July 9, 2010**  
*PayPal accepted or send your check with this form*

## Registration Form ♦ Gainesville July 16-18, 2010

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone/Fax/Email \_\_\_\_\_  
\_\_\_\_\_

**Courses attending:**  Doula Training \$275  Breastfeeding \$45